

Sustainable Wellness!

Toxins and poor nutrition are scientifically established to be the leading cause of most illnesses and diseases — including cancers.

Reduce toxins and eat nutritious foods for "Sustainable Wellness"!

Detoxination®, unlike detoxification, targets the type of toxins that juices, cleanses, chelation, and similar methods cannot: lipophilic, or fat-stored, toxins.

Most detox methods assist your body's natural elimination pathways, such as the liver, kidneys, and colon; however the lipophilic toxins are locked up in fat — including your brain — to protect your organs, where they remain for decades and bioaccumulate until you become sick, fatigued, obese and dependent on pharmaceuticals.



Reported Benefits

These are just a few of the amazing benefits our clients have reported:

- ◆ Feel Better, Renewed
- ◆ Optimal Health
- ◆ Greater Energy
- ◆ Improved Cognition and IQ
- ◆ More Restful Sleep
- ◆ Increased Weight Loss
- ◆ Reduced Aches and Pains
- ◆ Prepregnancy Peace of Mind
- ◆ Better Skin and Body Scent
- ◆ Higher Nutrient Absorption
- ◆ Happier Attitude
- ◆ Enhanced Physique, Stamina

Detoxination Wellness Centers

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Chronic Pain? Overweight? Poor Sleep? Brain Fog? Fatigued?

We're dedicated to improving your quality of life by reducing your body burden of illness-causing, fat-stored toxins, and promoting non-toxic and organic lifestyle choices.



DETOXINATION
WELLNESS CENTERS



Toxins Are Everywhere

Over 100,000 chemicals are manufactured each year, yet less than 10% have been tested for human safety. Less than 1% have been tested for safety in combinations.

Sources of exposure include:

- Tobacco and Drugs of Abuse
- Polluted Air, Water, and Processed Food
- Cleaning and Laundry Supplies
- Herbicides and Pesticides
- New Clothing, Flooring, and Furniture
- Cosmetics, Fragrances, Antiperspirants
- Fluoride and Amalgam Fillings
- Pharmaceuticals and Multi-dose Vaccines
- Maybe Even Your Workplace!

If you're in the military or industries such as mining, agriculture, textiles, construction, manufacturing, healthcare, firefighting, and chemical engineering, then most likely you have been exposed to toxic substances that deteriorate your health slowly and silently.

You may be eligible to file a Worker's Comp claim to have some or all of your medically-supervised Detoxination® covered.*

* Coverage not guaranteed. You will be responsible for full payment of services rendered by Sacramento Medical Group. Work Comp Billing assistance available.

To learn more, visit www.GetDetoxinated.com

Health Concerns of Body Burden

Although every major function of the body is affected by toxic body burden, the bioaccumulation of heavy metals, Persistent Organic Pollutants, and man-made chemicals can lead to neurodegenerative diseases, such as Alzheimer's, autism, and dementia. The brain is 60-70% fat, and most toxins easily pass the blood-brain barrier thereby lowering cognitive ability and reducing I.Q. points.

Chronic chemical exposures in the workplace are now the eighth leading cause of death in the nation. At least 1 in 10 cancers are the result of preventable and predictable workplace exposure.



Prepregnancy Peace-of-Mind

Toxic substances, like arsenic, cadmium, lead, and aluminum are concentrated in mothers' breast milk and fed to nursing babies. Chemicals and heavy metals are passed through the placenta to fetuses leading to endocrine disruption, immune suppression, reproductive failure, and birth defects.

Detoxination® effectively decreases the chances of contaminating your developing baby when both partners **Get Detoxinated!**™ prior to conception.

How Does Detoxination® Work?

Our unique, 2-week wellness protocol effectively harnesses niacin (vitamin B3), exercise, and Full Spectrum Infrared saunas to mobilize toxins from fat stores and enhance their release from your body.

Niacin has been scientifically established to cause toxins to be released from fat cells in a process called "Rebound Lipolysis". These toxins, or xenobiotics, are partially expelled via sweat or permeate into the GI tract to be captured by natural binders, such as chlorella, Bentonite clay, or activated charcoal for excretion through the normal elimination pathways.

Full Spectrum Infrared healing energy from sauna therapy penetrates deep into the tissues to draw the free toxins into the sebaceous sweat after a brief cardio exercise session. You'll enjoy 2 hours per session on this revolutionary wellness program, and you'll continue to see health improvements long after your 2-week Detoxination®!

Products To Support Your Health

We carry Clearlight/Jacuzzi Saunas, Berkey Water Filters, and a wide range of non-toxic body products. Make an appointment **today** to experience the healing benefits of our Full Spectrum Infrared Saunas for 15 minutes **FREE!**



"Dr. David Root has the most experience detoxifying the veterans with Agent Orange exposure..." — Dr. Mercola